

Fruits de mer ALLIANCE Seafood Inc.

Your Year-Round Seafood Source.



NUTRITIONAL FACTS/ VALEUR NUTRITIVE

PER 85G 3OZ PAR 85GM 3OZ

Amount / Teneur Calories / Calories 74

Fat / Lipides 1g	1%
Saturated / satures 0g	1%
+Trans / trans 0g Cholesterol / Cholesterol 48mg Sodium / Sodium 58mg Carbohydrate / Glucides 0g Fibre/Fibres 0g Sugars / Sucres 0g Protein / Proteines 11g	16% 5% 0% 0% 3.5%
Vitamin A / Vitamine A	10%
Vitamin C / Vitamine C	0%
Calcium / Calcium 6mg	3%
Iron / Fer 6mg	14%



Ingredients : Haddock Allergens: Haddock

Fruits de mer

Canadian Haddock Fillets

Alliance Seafood provides only the highest quality wild caught haddock fillets which are processed in our Nova Scotia facility. Alliance ensures our product is processed additive free and glazed for freshness.

Cooking Instructions

Uncooked. Use as indicated in your recipe.

Product Specifications

1 x 10lb IQF Skinless & boned Full process integration from raw material to finished product.

5-7oz SCC Code Product Code	108-79601-00327-0 502560
3-5oz SCC Code Product Code	108-79601-00186-3 502350
Broken Pieces SCC Code Product Code	108-79601-00202-0 505815
Case Dimension (cm) Ti - Hi	38L x 27W x 13H 10 x 12