



Fruits de mer
ALLIANCE
Seafood Inc.

**Your Year-Round
Seafood Source.**



NUTRITIONAL FACTS/ VALEUR NUTRITIVE

PER 85G 3OZ

Amount / Teneur

Calories / Calories 74

Fat / Lipides 1g	1%
Saturated / satures 0g	
+Trans / trans 0g	
Cholesterol / Cholesterol 48mg	16%
Sodium / Sodium 58mg	5%
Carbohydrate / Glucides 0g	0%
Fibre/Fibres 0g	0%
Sugars / Sucres 0g	
Protein / Proteines 11g	3.5%
Vitamin A / Vitamine A	10%
Vitamin C / Vitamine C	0%
Calcium / Calcium 6mg	3%
Iron / Fer 6mg	14%



Ingredients : Haddock

Allergens: Haddock

Haddock Fillets

Alliance provides only the highest quality of North Atlantic haddock. Caught by traditional methods in the icy cold waters of the Barents Sea, Alliance ensures our product is processed additive free and glazed for freshness.

Cooking Instructions

Uncooked. Use as indicated in your recipe.

Product Specifications

IQF 1 x 10lb case Skinless & boned
1 oz variance ie: 6oz fillets will be 5 to 7 oz from frozen (Glaze removed)
Full process integration from raw material to finished product.

- 5 oz Fillets **SCC:** 108-79601-00173-3 **Code:** 502500
- 6 oz Fillets **SCC:** 108-79601-00068-2 **Code:** 502600
- 7 oz Fillets **SCC:** 108-79601-00071-2 **Code:** 502700
- 8 oz Fillets **SCC:** 108-79601-00069-9 **Code:** 502800

SCC Code
Product Code
Case Dimension (cm)
Ti - Hi

LISTED ABOVE
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38 l x 27 w x 12 h
10 x 11



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