

## Your Year-Round Seafood Source.



#### **NUTRITIONAL FACTS/ VALEUR NUTRITIVE**

PER 100 G / PAR 100 G

Amount / Teneur Calories / Calories 90

Fat / Lipides 0.5g	1%
Saturated / satures 0g	
+Trans / trans 0g	
Cholesterol / Cholesterol 60mg	18%
Sodium / Sodium 360mg	16%
Carbohydrate / Glucides 1g	0%
Fibre/Fibres 0g	0%
Sugars / Sucres 0g	
Protein / Proteines 13g	

Potassium 176g	4%
Vitamin C / Vitamine C	0%
Calcium / Calcium 6mg	4%
Iron / Fer 6mg	0%



Ingredients: Lobster, salt.

**Allergens:** Lobster

# Dry pack Lobster claw, knuckle, leg & body meat

Alliance Seafood provides only the highest quality of North Atlantic lobster meat.
Caught by traditional methods in the icy cold waters off the Atlantic Coast. Alliance ensures that our product is processed from hard shell lobster only. Alliance lobster meat is processed from live lobster and vacuum sealed for freshness.

### **Cooking Instructions**

Pre-cooked. Use as indicated in your recipe.

### **Product Specifications**

10 x 1lb vacuum sealed bags for convenience 60% broken claw, knuckle & leg and 40% body meat No additives, preservatives, or added brine Better quality and yield than canned product Excellent for Lobster rolls, sandwiches, chowders, salads, & stuffing pasta

A GREAT value alternative

 SCC Code
 10879601000781

 Product Code
 106780

 Case Dimension (cm)
 43 | x 32 w x 12 h

 Ti - Hi
 10 x 12

